



# regulatory requirements

YOU HAVE A LOT RIDING ON US

**Trucking is a heavily regulated industry. Laws govern everything from vehicle maintenance to driver's rest period to how to secure a load. All of these rules can affect your shipment.**

**Here are some examples of regulations your trucking company must consider:**

- Drivers must follow strict regulations about the number of hours they work, drive and rest in a 24-hour period.
- Both safety regulations and plain old common sense dictate that drivers stop to check their brakes and equipment on a regular basis while on the road.
- And, there are detailed reporting requirements for crossing the border or transporting dangerous goods that can take time and require additional information.

**What do all these rules mean for shippers?**

You don't have to memorize the rule book. Your trucking company is responsible for knowing and following all regulations that apply. You should know, however, that scheduling your shipment isn't as simple as calculating the time it takes to travel between the pick-up and delivery locations.

Also, if your trucking company asks you for specific information or gives direction about how to package freight, there's usually a good reason. If you want to know why the company is doing something the way it is, ask. You'll become familiar with the process, which will make things easier for you and more efficient the next time you work together.

Trucking companies that ignore regulations aren't doing you any favours. You'll be better off and safer with a company that takes regulations seriously. You can help by treating those regulations – and the efforts of your trucking company to follow them – seriously too.

